



111 Michigan Avenue, N.W.
Washington, DC 20010-2970
(202) 884-5000

**DC SCHOOL HEALTH PROGRAM
SCHOOL HEALTH PROGRAM
SEPTEMBER 2002**

The School Health Program, as conducted by the DC School Health Program, for the 2001-2002 school year has several components as described below. D.C. Law 6-66 which requires comprehensive physical and dental exams on all students in Pre-K, K, 1st, 3rd, 5th, 7th, 9th and 11th grades before entering into school will be monitored. D. C. Law 7-45, which requires a minimum of 20 hours of nursing services per school per week, will be in effect in elementary and secondary District of Columbia Public Schools (DCPS).

1. ELEMENTARY SCHOOLS

**Staff: Physician Consultant
Pediatric Nurse Practitioners
Community Health Nurses
Health Technicians**

Priorities:

1. Comprehensive physical examinations in selected schools by the School Health Program's staff.
2. Assessments prior to health appraisals by providers which include measurements of height, weight, and blood pressure on 2nd, 4th and 6th grade students, special education students and all A-3's (transfers and new students) in all grades except Pre-K, K, 1st, 3rd and 5th grades.
3. Measurement of height and weight on all kindergarten and 1st grade students by school health nurses.
4. Scoliosis screening on 6th and 8th grade students with education component by nursing staff in all schools.
5. Sports screening exams on elementary grade students as staffing allows.
6. Screening evaluations of student referred with special problems in all elementary schools.
7. Vision screening on grades Pre-K, K, 1st, 2nd and 6th and ungraded classes in all schools by nursing personnel during the first semester. Muscle balance screening for all kindergarten classes and color blindness screening for all first grades.
8. Hearing screening on grades K, 1st, 2nd, 4th, 6th, and ungraded classes in all schools by nurses during the first semester.
9. Re-Screening, referral and follow-up of failures by nursing personnel.

10. Dental screening referral and education in selected grades and review of returned Dental Certificates.
11. Immunization review, interpretation and surveillance of all students record by nursing personnel. Referral and follow-up as needed. All 6th grade records are to be surveyed by the last day in April to ensure compliance prior to entry in the 7th grade.
12. Maintenance of established health records with cooperation of DCPS personnel in all schools. (Initiation and transfer of health records are part of DCPS registration and transfer procedures).
13. Serves as resource personnel for health education, on STD/HIV Prevention, Substance Abuse, Nutrition, and Human Sexuality.
14. Implementations of disease management programs to case manage children with chronic diseases, i.e., Asthma, Diabetes, and Seizure Disorders.
15. Presentation of Sexual Assault Prevention Program in all elementary schools in collaboration with DCPS staff, D.C. Metropolitan Police Department, and the Department of Health.
16. Coordination with Children's National Medical Center's pediatric residents for presentations on Smoking Prevention to fourth graders in selected schools.
17. Administration of appropriately authorized medications by school nurses in all schools. Guidance/monitoring by registered nurses of medication administration by trained certified DCPS personnel.
18. Administer first aid.

II. SECONDARY SCHOOLS

**Staff: Community Health Nurses
Clinical Nurses
Health Technicians**

Priorities

1. Early identification (first trimester) and referral to care of pregnant students.
2. Liaison with source of care and follow-up on continuation of care of pregnant students.
3. Continuation of comprehensive health education focusing on prevention of HIV/AIDS, STD, Teen Pregnancy, Substance Abuse.
4. Continued implementation of the Adolescent AIDS Prevention Program including condom availability, HIV/AIDS/STD education and counseling in all senior high schools.

5. Vision screening by nursing staff on grades 8 and 10 and ungraded classes. Initial screening, re-screening, referral, and follow-up of vision failures by nursing staff.
6. Scoliosis screening of 8th grade students.
7. Coordination of on-site athletic screening programs by nursing staff with athletic trainers/coaches in Department of Athletics.
8. Preliminary nursing assessment of students with health related problem referral and follow-up as needed.
9. Assistance with medical interpretation of immunization data received on school entry by responsible DCPS staff.
10. Immunization review, interpretation and surveillance at all student records by nursing personnel. Referral and follow-up as indicated.
11. Administration and/or monitoring of appropriately authorized medication by school nurses (See #17 – Elementary)
12. Collaborate with the Department of Health, DCPS, and others regarding implementation of immunization initiatives.
13. Maintenance of established health records with cooperation of DCPS personnel as per D.C. Law 6-66. (Initiation and transfer of health records are part of DCPS registration and transfer procedures.
14. Assistance as resource personnel for health education, as schedule allows.
15. Collaboration with Addition Prevention and Recovery Administration (APRA) staff on site in schools to implement substance abuse prevention education.
16. Provide nursing support to the medical component of school- based Wellness Centers.
17. Administer first aid

III. SPECIAL EDUCATION

A. Special Education Schools

**Staff: Physician Consultant
Nurse Specialists
Community Health Nurses
Licensed Practical Nurses
Nursing Assistants**

Priorities

1. To provide a case management approach to the delivery of health services for children in citywide Special Education programs located in the public schools during the 2002 – 2003 school year.
 - a. Assess the present health status of students in attendance by reviewing records, obtaining health and developmental

- histories, diagnoses, prognoses, history of medications and by physical examination and assessments.
- b. Screen for height, weight, vision, hearing and scoliosis and provide surveillance of immunization compliance.
 - c. Refer for care and follow-up of defects.
 - d. Serve as resource for health education, administering of medications. First Aid and emergency care, liaison with outside sources of care and vocational counseling.
 - e. Assist parents and staff by interpreting health information; serve as resource for classes; confer on classroom management and aid in planning in-service programs.
 - f. Assist families by interpreting health problems, aiding in assuming responsibility for health care by finding sources for care and generally being supportive.
2. To keep complete records on all students in the program.
 - a. Develop individualized nursing care plans utilizing the nursing process.
 - b. Keep health records up-to-date and establish duplicates when necessary.
 - c. Supply current health information to various programs involved with the student as requested by the parent.
 3. To make reports of all activities to measure the effectiveness of the program.

B. Sharpe Health School/Mamie D. Lee School

**Staff: Physician Consultant
Nurse Specialist
Licensed Practical Nurse
Nursing Assistant**

Priorities

1. To provide a comprehensive school health program to children with disabilities in the Sharpe and Mamie D. Lee Schools during the during the 2002-2003 school year.
 - a. Assess the present health status of students in attendance and by physical examination, assessments and appropriate referrals.
 - b. Screen for height, weight, vision, hearing, and scoliosis where appropriate and provide surveillance of immunization compliance.

- c. Refer for care and follow-up of defects.
 - d. Administer prescribed medications and treatments, personal care, first aid, and emergency care; serve as liaison with outside sources of care; and provide health education and counseling.
 - e. Assist staff by interpreting health information; serve as resource for health projects; confer on classroom management and aid in planning in-service programs.
 - f. Assist families by interpreting health problems aiding in their assuming responsibility for health care by finding sources.
2. To prepare statistical reports in order to measure the effectiveness of the program.
 3. To prepare reports of all activities to measure the effectiveness of the program.