

Check-up Notes



- Wellness Exams
- Immunizations
- Transportation

| Name | Day/Time of Next Appointment | Doctor's Name & Phone Number |
|------|------------------------------|------------------------------|
| | | |
| | | |
| | | |
| | | |
| | | |

Notes:

For More Information Call:
202 639-4030

TDD/TTY: 202 639-4041 or 202 442-9110

DEPARTMENT OF HEALTH
MEDICAL ASSISTANCE ADMINISTRATION
825 NORTH CAPITOL STREET, NE
WASHINGTON, DC 20002

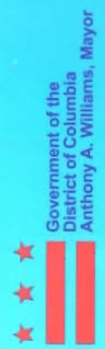
OFFICIAL BUSINESS
PENALTY FOR MISSUSE

District of Columbia
DEPARTMENT OF HEALTH



歡迎各界人士踴躍參加。如有任何查詢，請電 202-639-4030。
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Free Check-Ups
for Newborns
Through
20 Years of Age



What You Should Know



Health

Check

checkups are free from birth

to under age 21 if you have Medicaid/DC Healthy Families.

Get Check-ups from your doctor, or your clinic by making an appointment. Always bring your Medicaid and Managed Care Organizations (MCO) cards to each doctor visit. If you need to help with appointments, or transportation to appointments, call your MCO for assistance. If there are problems, call (202) 639-4030

These check-ups help find health problems before they get worse, and help to prevent future health problems.

If you are pregnant, or a new mom and not in a MCO, but need help with appointments, transportation or counseling, call 1 (800) MOM-BABY.

If you have Medicaid, and have a baby, your baby's health care is covered by Medicaid for one year. Call your Social Services worker as soon as your baby is born (for coverage, and to get your baby's Medicaid card.)

Remember, if your doctor finds any problems during a check-up, you have a right to treatment.

Get Healthy Stay Healthy



Health

Check

Get Your Child a Complete Physical Examination at the ages below

| Infancy | Early Childhood | Late Childhood | Teen/Young Adult |
|-----------|-----------------|----------------|----------------------|
| 1 Month | 15 Months | 5 Years | Annually (each year) |
| 2 Months | 18 Months | 6 Years | from ages |
| 4 Months | 24 Months | 8 Years | 11 years |
| 6 Months | 3 Years | 10 Years | through |
| 9 Months | 4 Years | | 20 years |
| 12 Months | | | |

Call Your Doctor and Make an Appointment For:

- Dental Exams
- Eye & Hearing Check-ups
- Mental Health Services
- Sickle Cell Anemia Tests
- Health Education
- Eyeglasses/Hearing Aids
- Lead Assessments
- Immunizations (shots)
- Sexually Transmitted Diseases Test and Treatment
- Substance Abuse Counseling or Referral
- Prenatal Care
- And More....

Recommend Childhood Immunization Schedule

| Age Vaccine | Birth | 1 mo | 2 mos | 4 mos | 6 mos | 12 mos | 15 mos | 18 mos | 24 mos | 4-6 yrs | 11-12 yrs | 13-18 yrs |
|---|----------|----------|-------|----------|-----------|--------------------|--------|--------------|--------|---------|-----------|-----------|
| Hepatitis B ¹ | Hep B #1 | Hep B #2 | | Hep B #3 | | | | Hep B series | | | | |
| Diphtheria, Tetanus, Pertussis ² | | DTaP | DTaP | DTaP | DTaP | | | DTaP | Td | | | |
| Haemophilus influenzae type b ³ | | Hib | Hib | Hib | Hib | | | | | | | |
| Inactivated Polio ⁴ | | IPV | IPV | IPV | | | IPV | | | | | |
| Measles, Mumps, Rubella ⁵ | | | | | MMR #1 | | | MMR #2 | MMR #2 | | | |
| Varicella ⁶ | | | | | Varicella | | | Varicella | | | | |
| Pneumococcal ⁷ | | PCV | PCV | PCV | PCV | | | PCV | PPV | | | |
| Hepatitis A ⁸ | | | | | | Hepatitis A series | | | | | | |
| Influenza ⁹ | | | | | | Influenza (yearly) | | | | | | |



Includes important FREE shots to help prevent many serious diseases. Call your doctor today to make an appointment.

Recommended Schedule for Immunizations

This Schedule shows the earliest ages for shots. Your doctor's or clinic's schedule may be a little different. Teens should ask their doctor about Chicken Pox (Varicella) shots.