



One Step At a Time

Helping Young Children Be Active!
Bright Futures Obesity Prevention Training for Child Care Providers

Certificate of Completion

This certifies that

_____ (name) on _____ (date)

has completed the curriculum and is eligible to apply
for 1.0 continuing education hour from the
appropriate state and/or professional association.

Katrina Holt, M.P.H., M.S., R.D., Project Director, Georgetown University

Development of the curriculum was supported by a grant (T79MCO9805) from the
U.S. Department of Health and Human Services, Health Resources and Services Administration, Maternal and Child Health Bureau,
to the University of Tennessee, Knoxville, Department of Nutrition.