



Health Check Visit Schedule

Even Kids Who Are Well Need Health Care

RECOMMENDED NUMBER OF SCREENINGS

AGE	INFANCY					EARLY CHILDHOOD					LATE CHILDHOOD					ADOLESCENCE					
	Birth to 1 mo.	2 mos.	4 mos.	6 mos.	9 mos.	12 mos.	15 mos.	18 mos.	24 mos.	30 mos.	3 yrs.	4 yrs.	5 yrs.	6-7 yrs.	8-9 yrs.	10-11 yrs.	12-13 yrs.	14-15 yrs.	16-17 yrs.	18-19 yrs.	20-21 yrs.
I. Health Nutritional and Developmental Assessment																					
History	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Developmental/Behavioral Assessment	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Health Education/Anticipatory Guidance	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
II. Physical Assessment																					
MEASUREMENTS Height and Weight	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Head Circumference	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Blood Pressure											●	●	●	●	●	●	●	●	●	●	●
UNCLOTHED PHYSICAL EXAMINATION	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
SENSORY Vision	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
Hearing	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●	●
DENTAL											●	●	●	●	●	●	●	●	●	●	●
III. Immunizations/Procedures (Based on 2007 CDC schedule)																					
DTaP	●	●	●																		
Inactivated Poliovirus	●	●																			
MMR																					
Hib	●	●	●																		
Hepatitis A																					
Hepatitis B	●	●																			
Varicella																					
Rotavirus	●	●	●																		
HPV																					
Meningococcal																					
Pneumococcal	●	●	●																		
Influenza																					
Other Laboratory Tests																					
Blood Lead																					

Key ● = to be performed
 = if never tested before
 = one dose during age range unless otherwise indicated
 HPV* = three doses during age range

But you can get up to the following number of complete screenings

- Birth to one year, 6 screenings
- Age two to three years, 2 screenings
- Age one to two years, 3 screenings
- Age three to twenty-one years, 1 screening/year

For complete immunization and catch up schedule information, go to www.cdc.gov/NIP.

